


**For Evaluation Only**  
**NOT TO BE USED FOR TRAINING**

Express Gratitude

The factor that most determines your happiness is gratitude.

The more you are grateful for, the happier you will be.



Chase the Light

Take action. You can't wait for it to come to you... for everything to be perfect.

You have to fall in love with what you're doing, right now.



Make a Contribution


Don't worry about making a difference. If it happens, it happens.

Just take the responsibility of making a contribution.



For The Love of It


Fill your cup, sing your song, pass on your passion... and do everything you do... just for the love of it.



Pass It On

When you love what you do, pass it on. Teach others to love what they do.

That's the way it is  
Pu'uwai Aloha—a loving heart.



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